



## BREAKFAST MENU



**Nutrition Tip:** Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

Reference: USDA MyPlate



### MONDAY

Mini Cinni **2**  
Fruit  
Milk

Piggle Stick **9**  
Fruit  
Milk

Cherry Frudel **16**  
Fruit  
Milk

Mini Cinni **23**  
Fruit  
Milk

Piggle Stick **30**  
Fruit  
Milk

### TUESDAY

Breakfast Sandwich **3**  
Fruit  
Milk

Apple Flip **10**  
Fruit  
Milk

Breakfast Sandwich **17**  
Fruit  
Milk

Raspberry Flip **24**  
Fruit  
Milk

Breakfast Sandwich **31**  
Fruit  
Milk

### WEDNESDAY

Pumpkin Bread **4**  
Fruit  
Milk

Blueberry Bread **11**  
Fruit  
Milk

Banana Bread **18**  
Fruit  
Milk

Chocolate Bread **25**  
Fruit  
Milk

**June 1:** Pumpkin Bread  
Fruit & Milk  
**June 2:** Goody Donut  
Fruit & Milk

### THURSDAY

Cin. Toast Pastry **5**  
Fruit  
Milk

Goody Donut **12**  
Fruit  
Milk

Dunkin Stick **19**  
Fruit  
Milk

Cin. Toast Pastry **26**  
Fruit  
Milk

### FRIDAY

Funnel Cake **6**  
Fruit  
Milk

Iced Donut **13**  
Fruit  
Milk

Funnel Cake **20**  
Fruit  
Milk

Iced Donut **27**  
Fruit  
Milk

